

- Complete 10 virtual workouts to enter the Virtual Workout Challenge drawing.
- Submit as many cards as you like to increase your chances of winning.
- Email your completed sheet(s) to Challenge Coordinator Lisa Reynolds at Ireynolds@eastbankclub.com.
- Drawings will take place on the first Monday of each month, beginning February 1 for January workouts.
- The winner will receive a personalized workout with an EBC instructor for themselves, their family and friends.
- Questions? Email Lisa Reynolds at Ireynolds@eastbankclub.com.

Member Name:	Membership Number:
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Email Address:	Phone Number:

DATE	WORKOUT NAME	INSTRUCTOR